

Cold Weather Emergency Supports for Lethbridge

If you are cold and have nowhere to go, please call or visit these shelters and services listed below.

For more information, call/text/chat 211 or visit www.ab.211.ca 24-hours a day.

If you see someone who needs help, you can call the DOT (Diversion Outreach Team) (403) 892-3707

If someone is in serious distress or non-responsive, contact 9-1-1.

Location	Services	Hours
Alpha House Society Lethbridge Stabilization Centre and Shelter 802 2 Avenue A N 1-403-593-9376	Shelter, basic needs, food, clothing, showers, and detox access	24 hours a day, 7 days a week
Wood's Homes Youth Connections: The CORE 312 3 St S 1-403-317-1777	24/7 youth shelter (youth 17 or younger)	24 hours a day, 7 days a week
YWCA Harbour House 604 8Th Street S 1-866-296-0447	Food, shelter, women's support, and counselling	24 hours a day, 7 days a week
Streets Alive Mission 323 4 St S 1-403-320-1159	Warm-up, refreshments, and clothing	Mo.-Fr. 9 am - 4 pm
Lethbridge Public Library Main Branch 810 5 Ave S 1-403-380-7330	Community LINKS staff are available on a drop-in basis during regular business hours or by calling 403.328.LINK (5465)	Mo.-Tu. 10 am - 8 pm We.-Sa. 10 am - 5:30 pm Su. 1 pm - 5 pm
Lethbridge Soup Kitchen 10-802 2A Ave. N. Office:403-320-8688 Mobile:587-220-8688	Providing meals for those in need	Breakfast Mo.-Sa.: 6:00am - 8:30am Lunch Mo.-Sa.: 10:00am - 1:30pm Dinner Mo.-Su.: 4:00pm to 8:00 pm
SAGE Clan 1-403-915-7650 Meets at the Lethbridge Public Library - Main Branch 810 5 Ave S.	A grass roots outreach program which provides snacks, lunches, water and most importantly, someone to talk to	Mo. 7 pm We. & Th. 9 pm