

COMMUNITY RESOURCES

HelpSeeker



HelpSeeker.org, a free location-based help services network that allows you to find the closest, most relevant service for your needs, connects you to thousands of community, health, and social services with complete privacy.

Email: info@helpseeker.org

Community Links



Community-Links.ca, Southern Alberta's Information and Referral Source located in the Lethbridge Public Library Main Branch, ensures that all individuals in the community has have access to the resources that they require.

Phone: 403-328-LINK (5465)

Email: info@community-links.ca

Financial Literacy Programs



The Financial Consumer Agency of Canada offers information and tools to help adults manage their personal finances and gain the confidence they need to make better financial decisions.

Phone: 1-866-461-FCAC (3222)

Health Link – 811



Health Link is an excellent resource to get you the health information you need including health advice, health information, and dementia advice.

Phone: 811 (24/7)

Email: healthlink@albertahealthservices.ca

My Alberta Supports



My Alberta Supports allows you to find and apply for services and benefits for work or training, low income, disabilities, personal safety, homelessness, and more.

Phone: 1-877-644-9992

Mobile Addiction Outreach



Mobile Addiction Outreach provides outreach services to high-risk, street involved individuals with substance abuse problems. Services are offered to all ages and are free, non-judgmental, and confidential.

Phone: 403-328-2488 Ext. 225

Email: lethbridge@mcmansouth.ca

Hoarding Outreach Management & Education (HOME)



HOME is a team who support people affected by hoarding. The team assists clients in maintaining safe and appropriate living arrangements and ultimately improving their quality of life.

Phone: 403-329-0556 Ext. 148

Email: lethbridgehometeam@gmail.com

Lethbridge Elder Abuse Response Network (LEARN)



LEARN is a collaboration of human services organizations helping to reduce elder abuse in the Lethbridge area by providing a collaborative community response through a network of professional senior serving organizations.

Phone: 403-394-0306

Email: learn@lethseniors.com