

# Alberta Health Services

## Addiction and Mental Health

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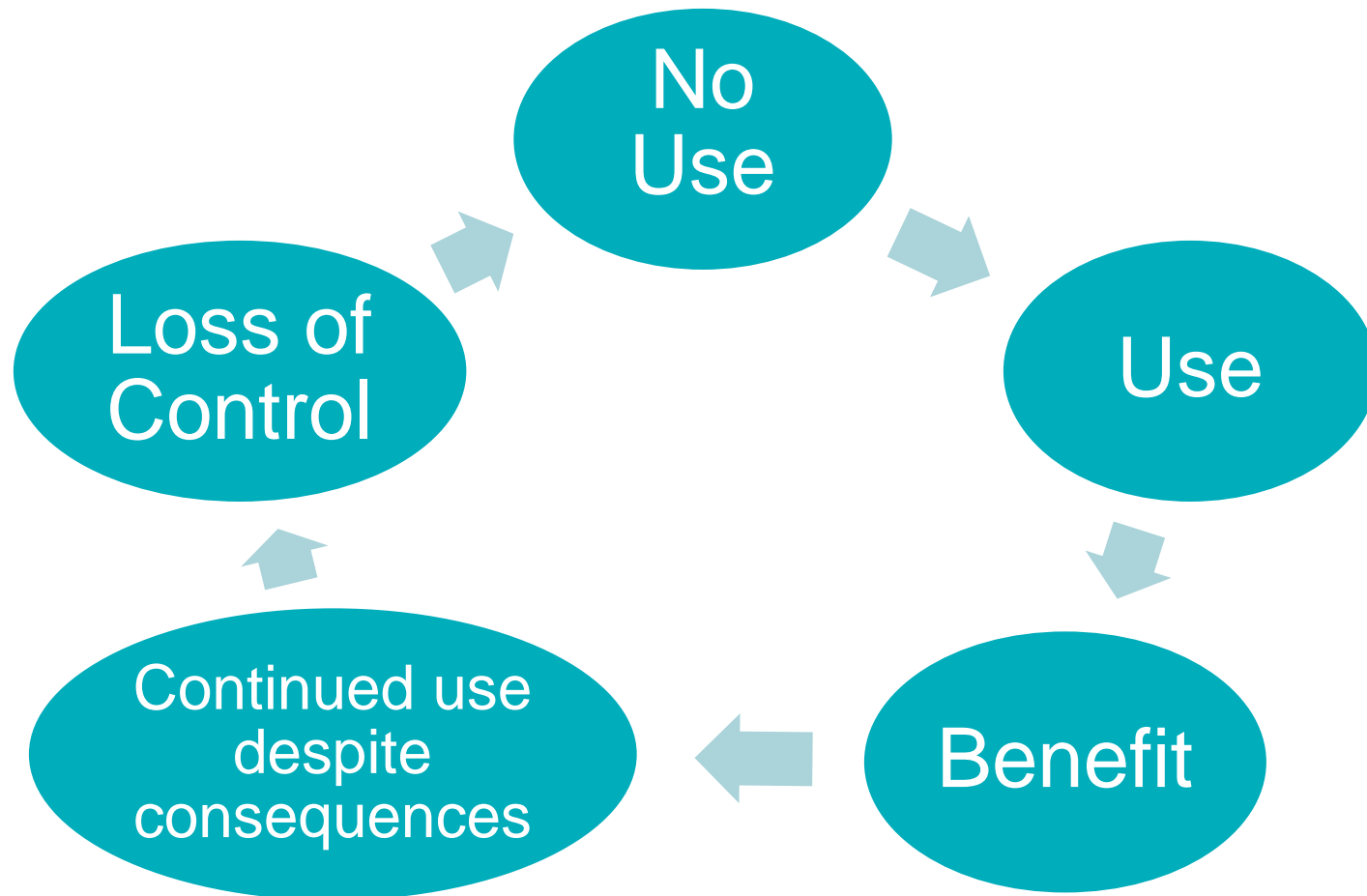
# Addiction

- Many people have been affected by addiction either directly or indirectly
- There are many opinions about the nature of addiction and those opinions matter

Bio-Psycho-Social-Spiritual

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# Addiction



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# Recovery

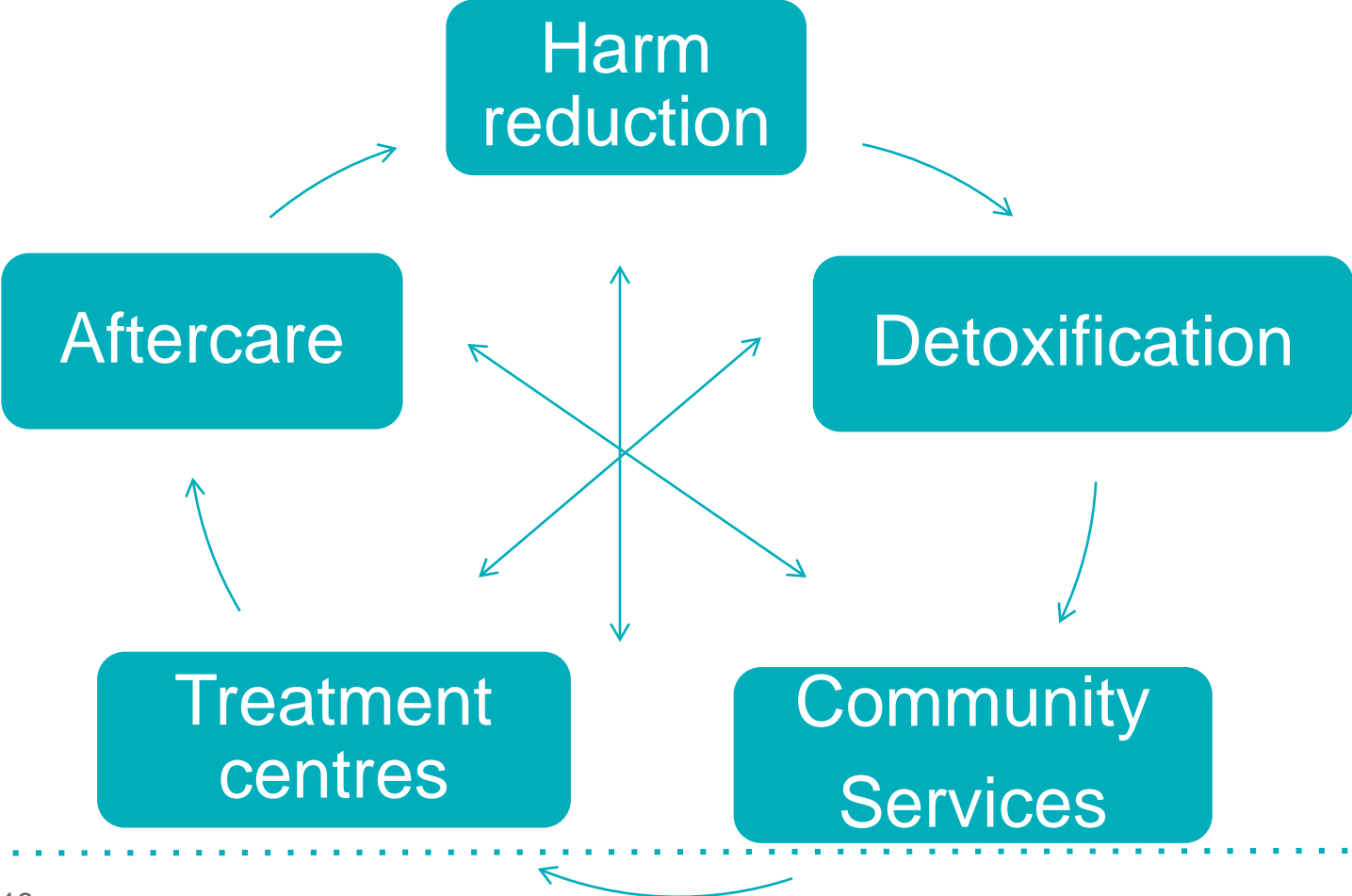
- Process
- No one size fits all
- Patient participation



<http://hams.cc/images/spiral.gif>

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# Continuum of Services



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# Local Context

- Increasing complexity of patient situation
- Enrollment is consistent
- Expanding community partnerships
- Expanding community services

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# Substances of Concern

LYTC	SCTC	FOOTHILLS	MHRC	OUTPATIENT
Crystal meth	Cocaine	Alcohol	Alcohol	Alcohol
Tobacco	Crystal meth	Crystal meth	Tobacco	Tobacco
Alcohol	Alcohol	Opioids	Crystal meth	Opioids
Opioids	Opioids	Cocaine	Opioids	Cocaine

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# Moving Forward

- Stay informed, engaged, and educated
- Community collaboration
  - Work together to address community concerns
  - Work together to fill gaps in service
- Prevention
  - Increase protective factors
  - Reduce risk factors



# You may never know the difference you make...

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Addiction and Mental Health

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