



# Senior's Community Forum Annual Strategic Plan (2010-2011) June 24<sup>th</sup>, 2010

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Developed by Senior's Community Forum

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Seniors Community Forum Strategic Planning Workshop  
June 24<sup>th</sup>, 2010  
Nord-Bridge Senior Citizen Association

Attendees: Norene Easthope, Marlene Van Eden, Barbara Ramp, Diane Randell, Brenda Neufeld, Gloria Cormican, Liz Findlay

## Planning Session Goals

- Definitive Direction/Realistic Timelines/Proactive Approach
- Learning
- Develop a future for SCF
- Build on what we have
- Concentrate on transportation issues and next steps
- Set goals and create a schedule
- Review the plan from 2007
- Be realistic. Cancel projects that aren't going anywhere
- Action oriented to bring new/old committee members to the table
- support
- Role of the Inclusion Specialist
- Broadly publish the goals of the SCF

## Our Accomplishments

- Successful Go Friendly Service
- Transportation advocacy
- Identify accessibility issues to create an Age Friendly Community
- Selection of housing options
- Current University of Lethbridge Research
- Hiring an Inclusion Coordinator
- Social Policy
- Seniors Conference
- Seniors Living Guide
- Seniors Calendar
- We Care Home Support

- Support groups
- AMA Driver Training

## Areas of Improvement

- “Tweak” Access-A-Ride Scheduling
- Massive transportation system; many people involved with the different schedules
- Accessibility to retail/services
  - Improved retail complex planning
  - Education safety training
  - Communication regarding accessibility
- Advocacy for Seniors Health and Consultation with Alberta Health Services
- Couples moving together (Not a first come first serve basis based on bed availability)
- Supports in place so people can remain in their homes for as long as they wish (Heather Wallace Research )
- Advocate for Universal Building Design (Home Builders Association)
- Advocate building “Age Friendly” homes and communities
- Inclusion Coordinator (Building Welcoming and Inclusive Communities )
- Educate, publicly the value of seniors in the community
- Educates seniors “Aging is not a Bad Thing “
- Intergenerational Programming
- Cultural Competency Training
- Services for First Nations Elders (Connections/Programming)
- Resource Fair for seniors
- Retention of Health Care Aids and staff
- Research the needs of Caregivers

## Action Plan Matrix

Goals	Action Items	Responsibility
<b>Transportation</b>	<ul style="list-style-type: none"> <li>• Keep current and advocate with Jon King</li> <li>• AMA Driver Conference (Driving Angels, Funding, etc.)</li> <li>• Accessibility Research (Release Report Spring 2011)</li> <li>• Meeting with Traffic Re: Accessibility</li> </ul>	<p>Committee Chair</p> <p>Marlene Van Eden</p> <p>Inclusion Coordinator</p> <p>SCF Committee</p>
<b>Advocacy</b>	<ul style="list-style-type: none"> <li>• AHS Consultations               <ul style="list-style-type: none"> <li>○ Retention of Health Care Aids and Staff</li> <li>○ Couples moving together, Affordability, Respite and Caregiver Support (Send out information prior to meeting for preparation will)</li> <li>○ Letter due July 22nd</li> </ul> </li> <li>• Meet with the Health Advisory Council (Barbara Lacey)</li> <li>• Advocate for Universal Building Design and “Age Friendly” Communities (Homebuilder Association)</li> <li>• Programming for New Canadians and First Nations Métis and Inuit (FNMI)</li> </ul>	<p>Liz Findlay, Rob Miyashiro, Marion McEntee, David Ng, Alderman Lacey, Heather Wallace</p> <p>Liz Findlay</p> <p>Diane will call Westwood LHBA</p> <p>SCF Committee</p>

Goals	Action Items	Responsibility
<b>Education &amp; Awareness</b>	<ul style="list-style-type: none"> <li>• Retirement Planning (Healthy Aging, Pastimes) <ul style="list-style-type: none"> <li>○ “Aging is not a bad Thing”</li> </ul> </li> <li>• Cultural Competency Training (Late Fall) <ul style="list-style-type: none"> <li>○ Discrimination/Ageism</li> </ul> </li> <li>• Driver’s Education</li> <li>• Aging in Place</li> <li>• Senior’s Conference (Provincial and Local)</li> <li>• Senior’s Calendar</li> </ul>	<p>Gloria Cormican, Pat Schieman</p> <p>Diane Randell, CMARD</p> <p>Marlene Van Eden</p> <p>Heather Wallace</p> <p>SCF Committee</p> <p>Marlene Van Eden, Dawn Vickers, Dan Walton, Jessica Crowder</p>

<p><b>Information &amp; Referral</b></p>	<ul style="list-style-type: none"> <li>• Update Brochure (s) and Senior’s Supportive Living Guide (Sept. 2010) <ul style="list-style-type: none"> <li>○ Develop a Flip-up Fridge Guide</li> </ul> </li> <li>• Senior’s Resource Fair for families and caregivers <ul style="list-style-type: none"> <li>○ Caregiver’s Association</li> <li>○ Respite Care; what is available?</li> </ul> </li> </ul>	<p>Liz Findlay, Jessica Crowder</p> <p>Marlene Van Eden, LSCO, David Ng, Brenda Neufeld</p>
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## Additional Notes:

TASK: Invite a representative from ACL and LFS Immigrant Services and the Galt Museum to attend the SCF meetings. COMMITTEE ALL

TASK: Ask Mayor Bob to write a follow-up letter to the Minister regarding the Provincial Senior's Conference; cc Parliamentary Assistant Fred Horne and the Senior's Advisory Council. D. RANDELL

TASK: Create an Action Plan Matrix from the SCF Planning Session. J. CROWDER

TASK: Have a follow-up meeting to discuss the status of the SCF Action Plan January 2011 COMMITTEE ALL

It was suggested that the senior's information card be handed out to Welcome Wagon recipients.

The committee decided that it would be beneficial to draft questions regarding the SCF action plan at the September meeting; and then the questions could be asked to the Mayoral Candidates prior to the fall election. There may be an opportunity to meet with the Candidates after their meet and greet at LSCO.