

# COMMUNITY RESOURCES



**Lethbridge ICA** is a system or network that helps people get to the services that they need in the quickest way possible. ICA Referral Pathways provide quick and accurate information about the community services which includes: program eligibility, who to contact, hours of operation, how to find the building/office and any other information you might need. Visit the website at [www.lethbridgeica.ca](http://www.lethbridgeica.ca)



**Lethbridge Elder Abuse Response Network (LEARN)** can help if you are an older adult who is experiencing mistreatment from a friend, family member or someone acting as your caregiver. The LEARN Case Manager can assist with unsafe or uncomfortable relationships you may have by providing outreach and case management support.

**Phone:** 403-394-0306

**Email:** [learn@lethseniors.com](mailto:learn@lethseniors.com)      **Website:** <https://lethseniors.com/learn/>



**Community LINKS** provides support to individuals who are looking for assistance in navigating the system to achieve a goal – this goal could be finding housing, applying for funding, obtaining ID, how to complete a tax return, completing applications to programs such as rent supplement, income support, medical benefits etc.

**Phone:** 403-328-5465

**Email:** [communitylinks@cmhalethbridge.ca](mailto:communitylinks@cmhalethbridge.ca)

**In-Person:** 810 5 Ave. S, inside the Lethbridge Public Library



The **Financial Consumer Agency of Canada** offers information and tools to help adults manage their personal finances and gain the confidence they need to make better financial decisions.

**Phone:** 1-866-461-3222 (English) or 1-866-461-2232 (French)



**Health Link** is an excellent resource to get you the health information you need including health advice, health information, and dementia advice.

**Phone:** 811 (24/7)

**Email:** [healthlink@albertahealthservices.ca](mailto:healthlink@albertahealthservices.ca)



**Alberta Supports** allows you to find and apply for services and benefits for work or training, low income, disabilities, personal safety, homelessness, and more.

**Phone:** 403-380-2272 or 1-877-644-9992

**24 hr. Emergency Income Support Line:** 1-866-644-5135



**Mobile Addiction Outreach Services** can be accessed by youth, adults, and families that are affected by addiction. MAO worker helps individuals get connected to addiction services and supports. There are no restrictions to services.

**Phone:** 403-894-9767

**Email:** [addictionsoutreach@mcmansouth.ca](mailto:addictionsoutreach@mcmansouth.ca)



**Hoarding Outreach Management & Education (HOME)** is a team who support people affected by hoarding. The team assists clients in maintaining safe and appropriate living arrangements and ultimately improving their quality of life.

**Phone:** 403-330-7640 or 587-220-8646

**Email:** [lethbridgehometeam@gmail.com](mailto:lethbridgehometeam@gmail.com)