

Home Address:

EMERGENCIES DIAL 9-1-1

Police, Fire, Ambulance	9-1-1
Gas Emergency - Atco Gas.....	1-800-511-3447
Electrical Emergency.....	403-320-3940
All other City Services.....	3-1-1
Poison Control Centre	1-800-332-1414
Health Link.....	8-1-1
Community & Social Services	2-1-1
Alberta Transportation Information.....	5-1-1
Police Non-Emergency Line.....	403-328-4444
Alberta Health Services Mental Health Help Line	1-877-303-2642

Public Safety Locations

Knowing where you can go for help is important. Public safety locations can be a centralized location for information and support for your community.



Fire station

Address: _____



Lethbridge Police Service

Address: 135 - 1 Avenue South
Lethbridge, AB, T1J 0A1



Chinook Regional Hospital

Address: 960 - 19 Street South
Lethbridge, AB, T1J 1W5

Stay Connected

Make a plan for how you will reach family and loved ones if a disaster occurs. Record important emergency contact information, including immediate family members, close friends, and a designated out-of-area contact. In a major emergency, local communication networks can become overloaded, so connecting through someone outside the region may be easier. That out-of-area contact can help your household stay connected and informed until you are safely reunited.

Important phone numbers

- Name: _____
Phone Number: _____
- Name: _____
Phone Number: _____
- Name: _____
Phone Number: _____
- Out-of-area Name: _____
Out-of-area Phone Number: _____

Family reunification plan

Identify two places where your family can safely meet if you are separated during an emergency. Select one primary location close to your home, such as a neighbour's house or familiar nearby landmark. Then choose a secondary location outside your neighbourhood or community in case you cannot return home. Make sure everyone knows the addresses and how to get there.

Primary Address: _____

Secondary Address: _____

Medical Information

Having important medical information for your family handy is critical in case you need to leave your home and access medical help.

Physician

Name: _____
Phone Number: _____

Pharmacy

Name: _____
Phone Number: _____

Health Card Information

- Name: _____
Health Card #: _____ Province: _____
- Name: _____
Health Card #: _____ Province: _____
- Name: _____
Health Card #: _____ Province: _____
- Name: _____
Health Card #: _____ Province: _____

Medications

- Name: _____
Medication: _____ Dosage: _____
- Name: _____
Medication: _____ Dosage: _____
- Name: _____
Medication: _____ Dosage: _____
- Name: _____
Medication: _____ Dosage: _____

Evacuation

If you are instructed to evacuate, please do so at once. Follow directions from emergency personnel and before leaving your home, follow these important steps:

- Shut off utilities if instructed to do so.
- Take your emergency supplies, including important documents and medications.
- Bring your pets and emergency pet supplies with you.
- Lock up your home.
- Register at a designated information centre or reception centre.
- Monitor TV, radio or lethbridge.ca for further instructions.

Shelter-in-place

In certain circumstances you may be instructed to “shelter-in-place”. This means that you would take shelter inside your current location, whether that’s your home, workplace, vehicle or wherever you happen to be. The following steps will help maximize your protection:

- Close all windows and doors.
- If you see or suspect a hazardous materials release, turn off fans and close all vents. Tape a garbage bag over them to keep gases, vapors or smoke out. If you are in a vehicle, turn off fans and close all vents.
- Keep your emergency supplies with you, including a radio and a cell phone. Monitor TV, radio or lethbridge.ca until you are told all is safe or you are advised to evacuate.

